

Free Resources for Senior Residents

Dear Residents,

We are excited to share some fantastic free resources available to you through Senior Planet. Senior Planet is a community of seniors aged 60 and up who are exploring ways technology can improve their lives through various online classes, activities, and articles designed to help you learn new skills, stay active, and connect with others.

SENIOR PLANET

FROM **AARP**

[Visit SeniorPlanet.org](https://www.seniorplanet.org)



Technology Basics

Learn how to use your devices, browse the internet safely, and connect with family and friends online.



Health and Wellness

Join fitness classes, get nutrition advice, and discover tips for healthy living.



Creative Arts

Explore your artistic side with classes in photography, writing, and more.



Finance

Get tips on managing your finances and making the most of your money.

[Discover free classes](#)

Stay Informed and Connected

Browse a variety of articles and resources to help you stay informed and engaged. From the latest news to inspiring stories, there's always something interesting to read.

[Browse articles](#)

Free Tech Help for Seniors!

Need help with your new phone or computer? Senior Planet offers a free tech help hotline!

Call (888) 713-3495
(no AARP membership required)

Monday - Friday: 6AM - 5PM PST
Saturday: 6AM - 11AM PST

Support available in English, Spanish, and Chinese

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How to Get Started

It's easy to start exploring all that Senior Planet has to offer. Visit Senior Planet's website to sign up for classes, read articles, and discover new interests.

[Sign up](#)



King County Housing Authority
600 Andover Park West, Tukwila WA 98188

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