

Free Resources for **Senior Residents**

Dear Residents,

We are excited to share some fantastic free resources available to you through Senior Planet. Senior Planet is a community of seniors aged 60 and up who are exploring ways technology can improve their lives through various online classes, activities, and articles designed to help

you learn new skills, stay active, and connect with others.

SENIOR PLANE





Technology Basics

Learn how to use your devices, browse the internet safely, and connect with family and friends online.



Health and Wellness

Join fitness classes, get nutrition advice, and discover tips for healthy living.



Creative Arts Explore your artistic side with

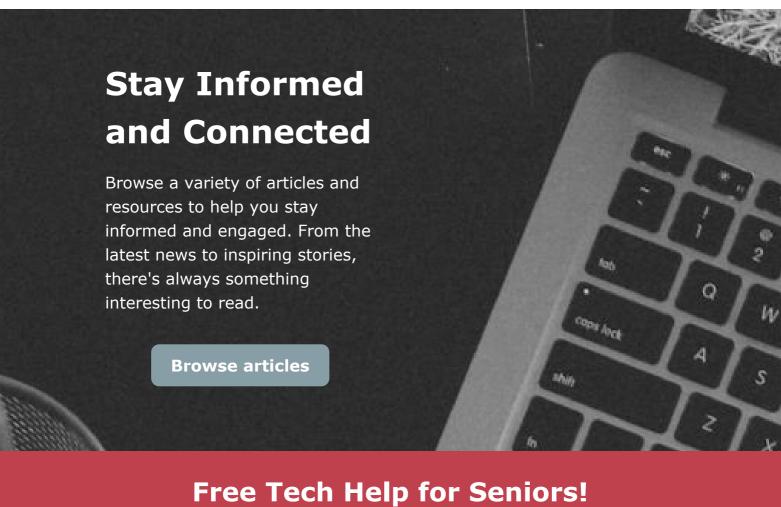
classes in photography, writing, and more.



Finance Get tips on managing your

finances and making the most of your money.

Discover free classes



Need help with your new phone or computer? Senior Planet offers a free tech help hotline!

Call (888) 713-3495 Monday - Friday: 6AM - 5PM PST

(no AARP membership required) Saturday: 6AM - 11AM PST

Support available in English, Spanish, and Chinese

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How to Get Started

It's easy to start exploring all that Senior Planet has to offer. Visit

Senior Planet's website to sign up for classes, read articles, and discover new interests. Sign up







600 Andover Park West, Tukwila WA 98188

King County Housing Authority

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